

Is Tosymra[®] right for me?

Discuss your migraines and related symptoms with your provider.



I need a medication that is proven to work quickly.

Tosymra[®] provides migraine pain relief in as little as 10 minutes*.

Some patients experience migraine pain relief in as little as 10 minutes with just one spray (13% vs. 5% for placebo).^{*1-3}

Efficacy of Tosymra[®] is based on relative bioavailability to subcutaneous sumatriptan at a dose of 4 mg. In a clinical study, this dose of sumatriptan resulted in 57% of patients achieving pain relief at 2 hours vs. 21% for placebo.

*Time to onset and degree of pain relief varies by patient.

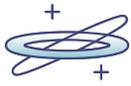


I experience migraine with or without aura.

Tosymra[®] is a prescription medicine used to treat acute migraine with or without aura in adults.

Tosymra[®] is not used to treat other types of headaches such as hemiplegic (that make you unable to move on one side of your body) or basilar (rare form of migraine with aura) migraines. Tosymra[®] is not used to treat cluster headaches.

Tosymra[®] is not used to prevent or decrease the number of migraines you have. It is not known if Tosymra[®] is safe and effective in children under 18 years of age.



I experience migraine with nausea or vomiting, making it difficult to take oral medication.

Tosymra® is a single-use 10 mg nasal spray that bypasses the gastrointestinal tract, and unlike other migraine medications, is the first and only triptan nasal spray to use Intravail® to enhance drug absorption across the inner lining of the nose for fast migraine pain relief.⁴



I want a medication that's safe.

Tosymra® contains the migraine medication sumatriptan which has a nearly 30 year track record of safety and efficacy. Tosymra® went through the FDA's rigorous approval process. Do not use Tosymra® if you have heart problems, narrowing of blood vessels or uncontrolled high blood pressure. These are not all of the reasons you should not use Tosymra®. See the Important Safety Information on page 4, and speak with your healthcare provider for more information about whether Tosymra® is right for you.



I need an affordable option.

Eligible, commercially insured patients can get Tosymra® for free* through our pharmacy partner, **Blink Pharmacy Plus**. Share the e-prescribing directions on page 3 with your provider.

*Restrictions and quantity limits apply. Visit [Tosymra.com](https://www.tosymra.com) to view complete program terms and conditions. Medicare, Medicaid, and other federal and state healthcare program patients are not eligible.



Directions for your provider to locate Blink in the EMR

When you ask your provider to e-prescribe Tosymra[®], they'll need to do so through Blink in order for you to pay \$0.*

Three steps to locate Blink in the EMR.

- 1.** Start by searching for “**Blink Pharmacy**” in the EMR system’s pharmacy search tool.
 - Select **Blink Pharmacy Plus U.S.**
 - **U.S. Blink Pharmacy address:**
3 Penn Center West, Suite 320,
Pittsburgh, PA 15276
 - **Blink Pharmacy phone:** 844-976-3109
 - **NCPDP number:** 6008925
- 2.** Confirm both “mail order” and “retail” pharmacies are selected when conducting a search.
- 3.** Ensure any other limiting search criteria are unselected.

*Restrictions and quantity limits apply. Visit [Tosymra.com](https://www.tosymra.com) to view complete program terms and conditions. Medicare, Medicaid, and other federal and state healthcare program patients are not eligible.

References

1. Tosymra [package insert]. Maple Grove, MN: Upsher-Smith Laboratories, LLC: 2019.
2. Mathew NT, et al. Dose ranging efficacy and safety of subcutaneous sumatriptan in the acute treatment of migraine. US Sumatriptan Research Group. *Arch Neurol.* 1992;49(12):1271-1276.
3. Wendt J, et al. A randomized, double-blind, placebo-controlled trial of the efficacy and tolerability of a 4-mg dose of subcutaneous sumatriptan for the treatment of acute migraine attacks in adults. *Clinical Therapeutics.* 2006;28(4):517-526.
4. Maggio ET. Intravail[®]: Highly effective intranasal delivery of peptide and protein drugs. *Expert Opinion Drug Delivery.* 2006;3(4):529-539.



Tosymra is a registered trademark of Upsher-Smith Laboratories, LLC. All other marks are property of their respective owners.

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Please see Important Safety Information on page 4 and full [Prescribing Information](#) and [Patient Information](#) at [Tosymra.com/PI](https://www.tosymra.com/PI)

IMPORTANT SAFETY INFORMATION

Tosymra® can cause serious side effects, including heart attack and other heart problems, which may lead to death. Stop Tosymra and get emergency medical help if you have any signs of heart attack:

- discomfort in the center of your chest that lasts for more than a few minutes or goes away and comes back
- severe tightness, pain, pressure, or heaviness in your chest, throat, neck, or jaw
- pain or discomfort in your arms, back, neck, jaw, or stomach
- shortness of breath with or without chest discomfort
- breaking out in a cold sweat
- nausea or vomiting
- feeling lightheaded

Tosymra is not for people with risk factors for heart disease (high blood pressure or cholesterol, smoking, overweight, diabetes, family history of heart disease) unless a heart exam is done and shows no problem.

Do not use Tosymra if you have:

- history of heart problems
- narrowing of blood vessels to your legs, arms, stomach, or kidney (peripheral vascular disease)
- uncontrolled high blood pressure
- severe liver problems
- hemiplegic or basilar migraines. If you are not sure if you have these, ask your healthcare provider.
- had a stroke, transient ischemic attacks (TIAs), or problems with blood circulation
- taken any of the following medicines in the last 24 hours: almotriptan, eletriptan, frovatriptan, naratriptan, rizatriptan, ergotamines, or dihydroergotamine. Ask your provider if you are not sure if your medicine is listed above.
- are taking certain antidepressants, known as monoamine oxidase (MAO)-A inhibitors or it has been 2 weeks or less since you stopped taking a MAO-A inhibitor. Ask your provider for a list of these medicines if you are not sure.
- an allergy to sumatriptan or any ingredient in Tosymra

Tell your provider about all of your medical conditions and medicines you take, including vitamins and supplements.

Tosymra can cause dizziness, weakness, or drowsiness. If so, do not drive a car, use machinery, or do anything where you need to be alert.

Tosymra may cause serious side effects including:

- changes in color or sensation in your fingers and toes
- sudden or severe stomach pain, stomach pain after meals, weight loss, nausea or vomiting, constipation or diarrhea, bloody diarrhea, fever

- cramping and pain in your legs or hips, feeling of heaviness or tightness in your leg muscles, burning or aching pain in your feet or toes while resting, numbness, tingling, or weakness in your legs, cold feeling or color changes in one or both legs or feet
- increased blood pressure including a sudden severe increase even if you have no history of high blood pressure
- medication overuse headaches from using migraine medicine for 10 or more days each month. **If your headaches get worse, call your provider.**
- serotonin syndrome, a rare but serious problem that can happen in people using Tosymra, especially when used with anti-depressant medicines called SSRIs or SNRIs. **Call your provider right away if you have:** mental changes such as seeing things that are not there (hallucinations), agitation, or coma; fast heartbeat; changes in blood pressure; high body temperature; tight muscles; or trouble walking.
- hives (itchy bumps); swelling of your tongue, mouth, or throat
- seizures even in people who have never had seizures before

The most common side effects of Tosymra include:

tingling, dizziness, feeling warm or hot, burning feeling, feeling of heaviness, feeling of pressure, flushing, feeling of tightness, numbness, application site (nasal) reactions, abnormal taste, and throat irritation.

Tell your provider if you have any side effect that bothers you or does not go away. These are not all the possible side effects of Tosymra. For more information, ask your provider.

This is the most important information to know about Tosymra but is not comprehensive. For more information, talk to your provider and read the **Patient Information** and **Instructions for Use**. You can also visit www.upsher-smith.com or call 1-888-650-3789.

You are encouraged to report negative side effects of prescription drugs to the FDA. Visit www.fda.gov/medwatch, or call 1-800-FDA-1088.

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Tosymra is not used to prevent migraines. It is not known if Tosymra is safe and effective in children under 18 years of age.